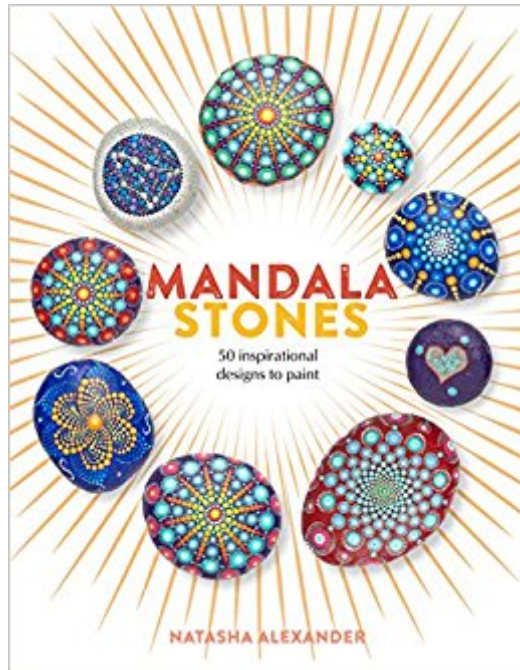




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Mandala Stones: 50 Inspirational Designs To Paint



Synopsis

Discover the power of the mandala with Natasha Alexander's Mandala Stones. Mandala stones are meditative symbols that are created by painting smooth river rocks with intricate patterns of dots. The art and practice of creating the mandala is a form of meditation, a soothing ritual that allows the painter to express their creativity and find a sense of calmness. Featuring 50 stunning patterns ranging in skill level from beginner to advanced, Mandala Stones is the perfect introduction to the art of mandala painting. All of the designs in the book, including the most complex, are created by combining simple dots of color, so even inexperienced artists will be able to enjoy the calming, meditative process of painting. The book begins with a thorough explanation of the tools and techniques involved, and each design is clearly explained and beautifully photographed. From simple patterns of concentric circles to ornate mandalas based on the Fibonacci sequence, the concise and easy-to-follow directions and templates in Mandala Stones will have you crafting and painting your way to a calmer, more peaceful you in no time.

Book Information

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Customer Reviews

NATASHA ALEXANDER is an artist and lifestyle and heart-intelligence coach. She is interested in the healing capabilities of creativity; physically, emotionally, and spiritually. She lives in Bristol, UK, with her partner and two cats. Natasha is the creator of Mandala Stones: 50 Inspirational Designs to Paint.

Beautifully illustrated paperback with step by step instructions to start your own rock paintings. It gives detailed pictures of the supplies you need as well as improvising with every day items to use. I

wasn't sure if this was one of those adult coloring books as the review page never showed more than just the front cover. I actually messaged the author Ms. Alexander and she explained the contents of the book. It has many designs for a beginner to start and all the way up to advanced designs. I can't wait to start my projects! Well worth it!

This is a great book for learning how to actually do mandala rocks. Good clear directions , colorful pictures cover total process, excellent tool and materials list, has a design library and a color wheel review. Highly recommend.

I love this book. Very step by step instructions even for someone not artistically inclined.

Love this lots of beautiful designs and info.

This book is amazing. Shows how to make these beautiful design with the dots. Can't wait to do a design. The book has very colorful pages step by step how to do them.

This book is a true delight, bringing the inspired art of Natasha Alexander into a form that allows others to experiment with it!

Gorgeous book with great photos and instructions! Love it!

It is a beautiful book-excellent photos and instructions and has been used daily since receiving it!

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